

## **LEVEL 1** Protect yourself with the Symmetry<sup>®</sup> Hand Hygiene Program.

**CDC Recommendations:** Hand washing is one of the best ways you can help reduce the spread of germs.



Wash your hands often with soap and water for *at least 20 seconds*, especially after going to the restroom; before eating, and after blowing your nose, coughing, or sneezing.



If soap and water are not readily available, **use an alcohol-based hand sanitizer** with **at least 60% alcohol**. Always wash hands with soap and water if hands are visibly dirty.

## **LEVEL 2** Janitorial service focusing on critical touch points

**CDC Recommendations:** Disinfection describes a process that eliminates many or all pathogenic microorganisms.



**Clean and disinfect** frequently touched objects and surfaces.

## **Critical Touch points**

All door handles to the building Restrooms Sink areas Kitchen areas Breakroom Elevator Handrails to staircase



Use a disinfectant that meets OSHA's Bloodborne Pathogen Standard.

## **LEVEL 3** Reoccurring santiaton and disinfection



Per CDC recommendations we will perform routine environmental cleaning:

Routinely clean all frequently touched surfaces in the workplace, such as workstations, countertops, and doorknobs. We use cleaning agents that are usually used in these areas and follow the directions on the label. No additional disinfection beyond routine cleaning is recommended at this time.



https://www.cdc.gov/coronavirus/2019-ncov/community/index.html https://www.osha.gov/SLTC/covid-19/controlprevention.html https://www.cdc.gov/coronavirus/2019-ncov/whats-new-all.html

